



OverLook Swim & Tennis Club Summer Programs

Offering Professional Tennis Instruction for all ages & levels in the community



Summer Tennis Lesson Schedule effective June 14th 2011

Monday's beginning June 13th *Note – Classes will not meet July 1st-July 11th.

- **Rising Stars** (Beginner ages 7-12) **4:45-5:45 pm** (\$10 per class)
- **Adult Beginner** (ages 15-up) **6:00-7:00 pm** (\$10)

Friday's beginning in late June

- **Adult Tennis Mixer** (Advanced Beg.-Intermediate level)
Dates/Times TBA (Please inquire)

***All classes held at OverLook Swim & Tennis Club**



Youth Tennis Day Camp (all skill levels ages 4 & up)

Monday's/Wednesday's beginning June 13th /2010

Children will have a great time learning the game of tennis. Skill concentration will include forehand, backhand, volley & serve. They will also learn the basic rules of tennis & participate in various drills & tennis related games designed to enhance their skills & promote continued participation in the sport. Tennis etiquette is highlighted & expected throughout camp. Bottled Water will be provided.

Belmont Fitness & Tennis certified USPTA Teaching Pro's will direct the camp. Jr. Assistants will also assist lead Instructors. We are certified in Infant, Child, & Adult CPR & First Aid.

- **Kinder Tennis** (ages 4-6) **9:00-10:00 am** Mon/Wed (Fees: \$12 per class / or \$20 per week)
- **Rising Stars – Future Aces** (ages 7-16) **10:15–12:15 pm** Mon/Wed (Fees: \$24 per class / or \$40 per week)
10:15am–11:15am Warm-Up, Forehand and Backhand instruction, basic volley & serve skills, tennis related games
11:15am–12:15pm Match play, point drills, live ball play, Group games & challenges

Session 1: June 13-15 **Session 2:** June 20-22 **Session 3:** June 27-29

Session 4: July 18-20 **Session 5:** July 25-27 **Session 6:** August 1-3 **Session 7:** August 8-10

(minimum number of 5 students per session, maximum 20)

Belmont Fitness & Tennis will continue offering Tennis Instruction for the OverLook community this Summer & Fall 2011. I really appreciate the continued support & participation we have received since starting back with our 2011 Spring season. I look forward to a Fun & Exciting Summer season and can't wait to see you on the court.



Chris Jones / Owner / Certified USPTA Tennis Professional

Please visit www.BelmontFitness.com or www.belmontparksandrec.com for complete schedule, pricing & additional information.

As always, no joining fees, no memberships, no expensive monthly dues – PAY AS YOU PLAY!



To Register for Classes or Camps: Please Call Coach Chris @ **(704)756.8671**

email: chris@belmontfitness.com

Also, offering Private & semi-private Instruction – call for pricing & availability